



**Shree Satya Dham Agnimandir**

**141 White Spruce dr, Coppell, TX, 75019, USA.**

## vyāhrti hōma

bhū: svāhā agnayē idam na mama |  
bhūva: svāhā vāyavē idam na mama |  
svaḥ svāhā sūryāya idam na mama |  
bhū rbhu va: sva: svāhā prajāpatayē idam na mama ||

## Morning Agnihotra Mantra

Sooryaya swāhā | Sooryāya idam na mama |  
Prajāpataye swāhā | Prajāpataye idam na mama ||

## Evening Agnihotra Mantra

Agnaye swāhā | Agnaye idam na mama |  
Prajāpataye swāhā | Prajāpataye idam na mama ||

## How to perform Agnihotra in Summary

1. Smear few cow dung chips with ghee and arrange them in the Agnihotra pot.
2. Mix about a teaspoon full of rice with a small amount of ghee and keep them aside.
3. Start the fire few minutes before sunrise/sunset time.

While chanting the mantra offer the rice smeared with ghee (just enough that one can hold in the tip of five fingers) at the utterance of 'Swaaha' in the fire.

There are only two offerings at Sunset or Sunrise each in the Agnihotra fire.

## *What is Agnihotra*

Agnihotra is the science of healing and purification thru the medium of fire. It is meant for all mankind. It is the science of Life, science of total spiritual resolution into a state of I and the Almighty are one. Agnihotra gives the mind a sense of genuine contentment and ability to react with Love. Agnihotra helps replace self-serving love with unconditional love without judgment or qualifications. The first step of this journey towards Joy is Agnihotra.

Agnihotra is the process of purification of the atmosphere & the self. The fire prepared in a copper pyramid, at the time of sunset and sunrise couple of mantras are chanted and whole grains are offered into the fire. Phenomenal explosion of divine energies occurs. This energy release happens because of the combination of the following five.

1. Pyramid: The shape and makeup of the copper Agnihotra pot is scientific.
2. Rice: Whole grains of rice may be used for offering.
3. Ghee: (Also known as clarified butter); Made from unsalted cow's butter.
4. Cow dung: Dried chunks or pieces of cow dung (available in USA); Cow dung is treated or used for Scandinavians, East or West Europeans, Africans or Asians.
5. Mantra: Mantra is a very powerful voice/thought combination that is projected and interacts in the entire Agnihotra process.

This explosion reverberates in the entire universe immediately. By practice of Agnihotra one begins to experience peace and harmony within & around oneself.

## Agnihotra Supplies



### Pyramid

Pyramid: The shape and makeup of the copper Agnihotra pot is scientific.



### Rice

Rice: Whole grains of rice should be used for offering.



### Cow Dung

Cow dung: Dried chunks or pieces of cow dung (available in USA);



### Ghee

Ghee: (Also known as clarified butter); Made from unsalted cow's butter.



### Mantra

Mantra: Agnihotra mantras to be chanted separately for sunrise and sunset.



### How to Perform Agnihotra

Smear few cow dung chips with ghee and arrange them in the Agnihotra pyramid. Mix about a teaspoon full of rice with a small amount of ghee and keep them aside. Start the fire few minutes before sunrise/sunset time. While chanting the mantra offer the rice smeared with ghee (just enough that one can hold in the tip of five fingers) at the utterance of 'Swaaha' in the fire. There are only two offerings at Sunset or Sunrise each in the Agnihotra fire.



### Sunrise Agnihotra Mantra

Chant 1st mantra: "Sooryáya Swááhá - Sooryáya Idam Na Mama"  
(Offer 1st offering when saying 'Swaaha')

Chant 2nd mantra: "Prajápataye Swááhá - Prajápataye Idam Na Mama"  
(Offer 2nd offering when saying 'Swaaha')



### Sunset Agnihotra Mantra

Chant 1st mantra: "Agnaye Swaáhá - Agnaye Idam Na Mama"  
(Offer 1st offering when saying 'Swaaha')

Chant 2nd mantra: "Prajápataye Swaáhá - Prajápataye Idam Na Mama"  
(Offer 2nd offering when saying 'Swaaha')

**Morning Agnihotra Mantra :**

Sooryaya swáahá | Sooryáya idam na mama  
Prajápataye swáahá | Prajápataye idam na mama

Meaning:

Unto the sun I am offering this offering. This is not mine; this is Thine.

Sooryáya ... sun  
swáhá ... offering  
Sooryáya ... sun  
idam ... this  
na mama ... not mine  
prajā ... all the living  
pataye ... the lord  
swaha, ... offering  
prajā ... all the living  
pataye ... the lord  
idam ... this  
na mama ... not mine

**Evening Agnihotra Mantra :**

Agnaye swaáahá | Agnaye idam na mama  
Prajápataye swaáahá | Prajápataye idam na mama

Meaning:

Unto the fire I am offering all. This offering is not mine it is Thine.

Agnaye ... fire  
swáhá ... offering  
Agnaye ... fire  
idam ... this  
na mama ... not mine  
prajā- ... all the living  
pataye ... The Lord  
swáhá ... offering  
prajā ... all the living  
pataye ... The Lord  
idam ... this  
na mama ... not mine

Word to word meaning does not give the purport of the mantras.

When the mantras are chanted in the meter in which they are composed, by Supreme Grace the inherent meaning and the power and vibrations impact the entire creation. The healing occurs at the grass roots level in the subtlest manner.

This power of the mantra is locked into the ashes that develop in the fire upon the oblations. These vibrations pulsate the entire universe in a profound, subtle but sure impact and affect.

It is like the fragrance and beauty of a flower when the flower is in the form of a bud.

By grace it radiates all its beauty and joy for the good of the entire universe.

The word Soorya refers to an aspect of Almighty power, the Creator.

Etymologically, "SOO" means to give birth to, to create.

Prajapati means Lord of Creation, another aspect of Almighty power.

The words Soorya, Prajapati and Agni all refer to The Almighty.

On uttering the word Swaaha and the offering in the fire a phenomenal nourishing and energizing impact is created on the entire life & creation.

Idam Na Mama means, "Not mine but Thine.

Accented "á" is pronounced as the 'a' in father. Unaccented "a" is pronounced as the 'a' in mature.